

KERALA-INDIA

Join Anna Martin on a painting holiday in Kerala - India. Two weeks of touring and tuition in this lovely country, visiting four carefully selected places that each provide a unique perspective on local culture and daily life in Southern India. This is a 'once in a lifetime' experience in God's Own Country, and it has become a popular painting trip in recent years.



- 13 nights of accommodation in high-quality hotels
- Breakfast, Lunch & Dinner is Included
- Tuition by Anna Martin
- Air-conditioned vehicles throughout the tour
- Full-time support of local tour manager
- Local sightseeing tours
- Half-day boat tour in Kerala Back Waters
- Visit tea factory
- Spice plantation visit
- Kerala Traditional dance show
- Treditional luch of Kerala
- Kerala cooking demonstration
- 1.30 Hrs boat trip in Periyar Wild Life Sanctuary
- Silk, Handicraft and jewellery shopping option





CONTACT US:

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Tutor

ANNA MARTIN

A half Spanish, half Irish and was born and raised in London where she initiated her art career at the Chelsea School of Art. Then transferred to Parsons School of Design in New York, where Anna graduated with a BA in Communication Design. She went to work in Madrid in publishing and advertising for a few years before returning to London continuing work as a freelance designer in mainstream publishing companies. After a few years Anna ventured into the field of personal development and performance coaching acquiring a Master NLP certificate and International Coaching Certificate as well as others. She also attended and assisted many workshops from leading trainers. An integral part of my career has been as a facilitator of small group workshops in the fields of communications skills, health and well-being and creativity. Hence her passion for art was awoken and since over a decade She been a tutor and a creative catalyst for aspiring artists on painting holidays in the UK, Spain, Greece, Turkey, US and now in India.

More On: anna@annamartin.co.uk







KERALA Pointing Holiday

DAY 1 - 4 KUMARAKOM | BACKWATERS

Transfer from Cochin Airport to our first hotel in The Backwaters region. The hotel sits right on the edge of the lagoon and provides a deep sense of calm, a wonderful place to relax, settle in and find your feet after a long flight. By early evening we will be ready to come together for an informal introduction, short tutorial, and tips and tricks for making the most of this painting holiday in Kerala. The best way to see The Backwaters is from the water, so we soak it all up on a boat trip along local canals. We will see houseboats, fishing boats, ferry canoes, women washing clothes and cooking pots, birds, and a tangle of tropical plants. Learn how to include people in your paintings, and how to capture the sunset be quick, dusk comes very quickly. Anna Martin will offer demonstrations of technique and there is always an informal critique of the day's events. After a 3-hour boat cruise, a traditional Kerala lunch at a boatman's house will be provided on a bed of banana leaves.







Periyar looks spectacular as our minibus climbs high into the green hills. After settling into our hotel, we take a walk to absorb local life and colour. We head off early next morning to Chellar Kovil region, and a plantation with a high viewpoint. We paint 'the big picture' from birds-eye views, before observing subjects like exotic plants and spices close up. We will paint amidst cardamom, pepper, fenugreek, and cinnamon in the spice gardens.

On your free day, you can choose from various options including a boat cruise on the Periyar Lake. During the game-viewing cruise you can spot the Indian gaur, elephants, spotted deer, monkeys, and many other animals. You can visit the most fantastic bookshop, or an elephant sanctuary - a wonderful opportunity to capture these majestic beasts in your sketch books. Other alternatives are a Jeep Safari, jungle walk, or an Ayurveda massage. In the evening we are treated to a thrilling display of Kerala Martial Arts - The Kalaripayattu show and can also have an evening village walk.







Munnar is a town of environmental purity situated at the confluence of three mountain streams. It is surrounded by about 30 tea estates, among the highest in the world. At 1,500 metres, this vibrant small town is set amidst lush green tea gardens. We can walk into Munnar from our hotel and move around with our sketchbooks capturing a variety of subjects; a temple, Churchill Bridge, Main Street, and the busy vegetable market to learn the art of quick sketching.

Our painting locations reflect the fresh greens of this tea-growing region. We take on the challenge of painting all that green and looking more closely at rhythm and pattern. At Seven Malai, a pretty village with a river running through it, we spend a few hours painting the plantation workers colourful cottages, in the shade of large trees. There is time to rest and recuperate between excursions and evenings are free to walk around in the town. As an optional extra, we visit a local school of Keralan cuisine to watch a cooking demonstration before dining on the delicious results!







DAY 11 - 14 FORT KOCHI | THE HERITAGE CITY

The palm-green commercial town of Kerala has one of the finest natural harbours in the world. This old European settlement with its many wonderful buildings reminds us of its rich colonial past. After restoring ourselves, we take a walk to see the glorious Chinese fishing nets, stalls, and shops on the sea front, before watching the sun dip into the Arabian Sea once more. We will have the opportunity to experience the distant views of Fort Cochin on the opposite side of the estuary. Varied subjects to sketch include fishing huts, fishermen mending their nets and their colourful boats, a wonderful old synagogue and the burial place of Vasco da Gama, lovely shops for artefacts, antiques, jewellery or saris, cafes, waterside restaurants, St. Francis Church, the Dutch Palace, and Jew Street! There is an option to watch a traditional Kathakali dance, keeping an eye on the artists who apply the very distinctive and colourful makeup! An informal 'exhibition' will be organized on the last evening of your Holiday. It's fun to recollect the journey we have been on, and the portfolio of work you will have amassed







KERALA Painting Holiday

For Book the Holiday visit www.threka.com and select KERALA PAINTING HOLIDAY WITH ANNA MARTIN in the HOLIDAYS section. Click the BOOK NOW button for the booking form and fill in the form and pay the deposit online.

For any support please mail to aminesh@threka.com or call/WhatsApp +91 9946 290 807

INCLUSIONS

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- Tuition by Anna Martin
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- · Visit tea and coir producers
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- Jeep safari to Tamilnadu
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COST OF HOLIDAY

Sharing room: £ 2500/per person
Single room.: £ 2900/per person (Exclude: Flight, Visa & Insurance)

NON Activity partner discount: £ 500/-

Deposit £250 to book your place on the tour

For further any pieces of information please write to: amineshethreka.com



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